



Name: _____

Date: _____

1. Who is responsible for your safety in the workplace?
 - a. You
 - b. Your Supervisor
 - c. OSHA
 - d. None of the above

2. Distracting your coworkers is a common cause of injury.
 - a. True
 - b. False

3. Personal protective equipment is the same for every job in the warehouse.
 - a. True
 - b. False

4. Your primary focus should be getting the job as done as quickly as you can.
 - a. True
 - b. False

5. Keeping your workplace clean can help reduce many types of injuries.
 - a. True
 - b. False

6. If you think an item may be too heavy to lift safely, what should you do?
 - a. Ask for help
 - b. Lift it anyway
 - c. Leave it there
 - d. None of the above

7. Which of these best describes the basic safe lifting procedure?
 - a. Bend your legs, not your back
 - b. Bend you back, not your legs
 - c. Bend your back, and your legs
 - d. Bend your arms and back

8. You should avoid walking on pallets if possible.
 - a. True
 - b. False



Exam: **Warehouse Safety: The Basics - SS1099AE (11 Min.)**

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9. Stacked items must be at least 18 inches from sprinkler heads.
- a. True
 - b. False
10. Trailers must have which of these installed before unloading?
- a. Dock Locks
 - b. Dock Plate
 - c. Wheel Chocks
 - d. All of the above